

INSIGHTS + NEWS

HMEA to Host Bowditch-Sponsored 18th Annual incredABLE 5K

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HMEA, an organization that offers people with disabilities and their families comprehensive, lifetime services, will host the 18th Annual incredABLE 5K on May 19 at Dell EMC in Franklin.

Attended and supported by nearly 2,500 people, the all-inclusive incredABLE 5K will feature family fun such as a cookout, DJ Dick Loon, a photo booth, raffles, caricatures and more. Fox25 news anchor Gene Lavanchy will reprise his role as master of ceremonies.

The event's proceeds benefit children and adults with autism and other special needs served by HMEA.

You can [learn more about the 18th Annual incredABLE 5K, sponsored by Bowditch, here](#).