

ASSOCIATE

# Ashley Barnes

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## OVERVIEW

Ashley Barnes is an associate in the firm's Employment Practice, where she represents employers in complex workplace and commercial disputes before administrative agencies and in state and federal courts throughout Massachusetts and New York. With a decade of experience in litigation and alternative dispute resolution, Ashley advises clients through all phases of a dispute, from pre-suit assessment and strategy development to dispositive motion practice, trial, and potential settlement.

Ashley's practice spans a range of industries, including healthcare, financial services, and technology. She has significant experience handling contract disputes, restrictive covenant and trade secret litigation, and claims involving discrimination and other employment-related issues. Ashley works closely with clients to deliver practical, business-oriented solutions tailored to their legal and operational needs.

## Before Bowditch

Before joining Bowditch, Ashley was an associate at Am Law 100 firms in Boston and New York City, where she represented clients in complex commercial disputes. She also served as an Assistant Corporation Counsel in the Commercial & Real Estate Litigation Division of the New York City Law Department.

## Besides work

Outside of the office, Ashley enjoys running and is training for her first marathon. She also enjoys traveling and cooking and often incorporates culinary classes into her travels as a way to experience new cultures and cuisines.

## EXPERIENCE

- Member of trial team that secured a complete defense verdict for a hospital in a jury trial involving wrongful termination and defamation claims. Successfully defended the verdict by defeating the plaintiffs' motion for a new trial.
- Prevailed in opposing a *Daubert* motion to exclude expert testimony during a federal jury trial.
- Secured dismissal of breach of contract and Massachusetts General Laws Chapter 93A claims on behalf of a real estate and facilities management company in litigation arising from termination of plaintiff's termination.

## AFFILIATIONS

- Member, Boston Bar Association
- Member, Women's Bar Association
- Member, American Bar Association

## HONORS

- *Best Lawyers in America: Ones to Watch*, Litigation – Construction (2025 and 2026) and Litigation – Labor and Employment (2026)
- Massachusetts *Super Lawyers* Rising Stars list (2025)
- Boston's Future Leaders Program, Greater Boston Chamber of Commerce (2024)

## ARTICLES & TALKS

### ARTICLES

- “Steps Large Organizations Should Consider Taking to Protect the Safety of Their Executives,” Bowditch, 2024

## BAR ADMISSIONS

- Massachusetts
- New York
- U.S. District Court, District of Massachusetts
- U.S. District Court, Southern District of New York

## EDUCATION

- J.D., Brooklyn Law School
- B.S., Boston University